

HYGIENE AIDS

Digi-Sert 30500, Supp-a-Sert 30600

Shur-Gryp Digi-Sert 30505, Shur-Gryp Supp-a-Sert 30605

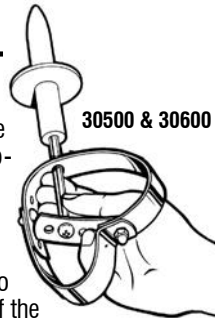
E-Z Reach Digi-Sert 30511, E-Z Reach Supp-a-Sert 30611

E-Z Reach Digi-Supp Combo 30700

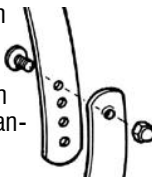
HANDLE ADJUSTMENTS

Digi-Sert & Supp-a-Sert:

1. Determine whether the right or left hand will be used. Hold Digi-Sert with Delrin tip pointing upward and the longer part of the stainless steel handle (with the adjustment holes) facing away.
2. If fitting right hand, the spanner bar attached to the stainless steel shaft should be to the left of the handle. If fitting left hand, it should be to the right.
3. Loosen the bolts holding the spanner bar in place and move to desired position.
4. With tip still pointing upwards, place fingers between larger portion of loop and shaft; place thumb on other side of shaft.



5. To change handle size, remove the nut and bolt from backside of handle; align holes for larger or smaller handle loop size as required. Replace bolt and tighten cap nut. (**Note:** By aligning base of shaft with any of the various holes along the spanner bar, the angle can be changed to accommodate differing wrist functions.)



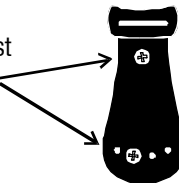
Shur-Gryp Digi-Sert & Shur-Gryp Supp-a-Sert:

1. Hold the unit with the stainless steel shaft facing user and probe or inserter facing upward.
2. Place fingers through the loop formed by the hook-n-loop strap and plastic handpiece. The thumb should be in front of tube holding stainless steel shaft; plastic handpiece should fit securely in palm.
3. To tighten and fasten to hand, pull the thumb loop at the end of the strap downward and press hook-n-loop strap together so it securely adheres to itself.
4. If the molded plastic handpiece does not fit properly, soften plastic by heating with heat gun or hair dryer and bend into shape.



Caution: Plastic will be hot.

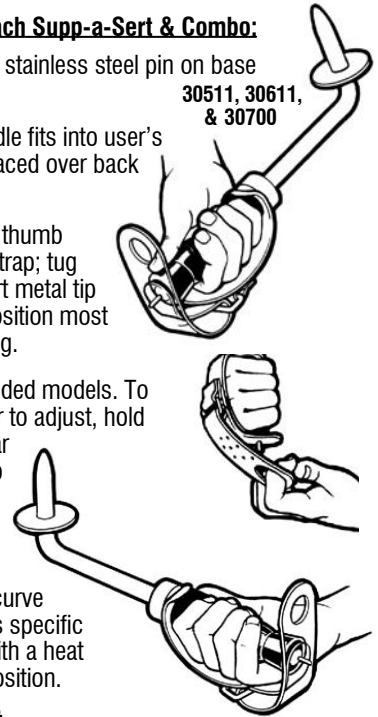
5. The shaft angle can be rotated, shortened, or lengthened according to wrist function. To adjust the *length* or *rotation* of the shaft, loosen BOTH screws. To adjust the *angle* of the shaft, loosen the TOP screw and remove the BOTTOM screw, reposition shaft, and replace screw.



E-Z Reach Digi-Sert, E-Z Reach Supp-a-Sert & Combo:

1. Release clear vinyl strap from stainless steel pin on base of handle.
2. Position unit so that gray handle fits into user's palm, with clear vinyl strap placed over back of hand.
3. To secure unit to hand, grasp thumb loop at bottom of clear vinyl strap; tug firmly until strap is **tight**. Insert metal tip on base of handle into hole position most appropriate for secure handling.
4. Units are shipped as right-handed models. To change for left-handed use, or to adjust, hold onto gray handle and pull clear vinyl hand strap first at the top and then at the bottom to twist into desired orientation.
5. The probe/inserter on the E-Z Reach series is curved. This curve can be repositioned to a users specific need by softening the bend with a heat gun, reshaping into desired position.

Caution: Material will be hot.



USING

Digital Stimulators:

Therafin recommends using these devices while in a lying position.

1. Lie on side opposite your most maneuverable arm. Keep lower leg straight and upper leg flexed for better balance.
2. Guide the digital stimulator (Digi-Sert, Shur-Gryp or E-Z Reach Digi-Sert) into rectum until the retaining washer is against buttocks. (Mirrors might prove to be helpful; available from Therafin). Agitate unit as needed, until stimulated.
3. By moving retaining washer into a different position on probe tip, depth of penetration can be adjusted for user preference.

Suppository Inserters:

Therafin recommends using these devices while in a lying position.

1. Lie on side opposite your most maneuverable arm. Keep lower leg straight and upper leg flexed for better balance.
2. Guide the loaded suppository inserter (Supp-a-Sert, Shur-Gryp Supp-a-Sert, or E-Z Reach Supp-a-Sert) gently into rectum. (Mirrors might prove to be useful; available from Therafin). The suppository will release when the retaining washer is pressed against buttocks.

CLEANING

All parts are waterproof, except hook-n-loop on Shur-Gryp models. Clean and/or sterilize by washing in warm/hot water; use a mild detergent. Rinse thoroughly.



9450 W Laraway Rd • Frankfort, IL 60423
Customer 800-843-7234 • Fax 888-479-1515
www.Therafin.com • info@Therafin.com